



# Seating and Mobility for Function-Full Day

## COURSE DESCRIPTION:

This comprehensive program is designed to provide applicable concepts to anyone involved in the assessment and prescription of seating and mobility technology. The focus of discussion will be on principles and biomechanics of seating and wheeled mobility. The assessment process will be reviewed from initial client contact through the final equipment prescription. Special emphasis will be placed on the value of the "hands on" seating assessment as well as on how to translate the assessment findings into necessary product parameters. Considerations for the selection of seat cushions, using a clinical and scientific approach, as well as back supports and manual mobility will be reviewed. Case studies as well as interactive discussion will emphasize the importance of using this approach as we strive to justify and be accountable for everything prescribed. This course will facilitate critical thinking and assist therapists in confident decision-making, clear documentation and positive objective outcomes.

## COURSE OBJECTIVES:

Upon completion of this course participants will have a clear and practical understanding of and will be able to:

- Discuss the goals of seating and/or mobility
- Explain normal vs. deviated postures and their relationship with function & skin
- Discuss best practices in the management of decubitus ulcers related to seating
- Demonstrate "The mat assessment" - supine and sitting
- Explain the importance of accurate measuring and set up
- Formulate the assessment findings to develop objectives
- Translate assessment findings into equipment parameters
- Evaluate product using a scientific and clinical approach

---

## COURSE INSTRUCTION DETAILS

---

COURSE AUDIENCE: DME Suppliers, Clinicians (OTs, PTs, COTAs PTAs, nurses), Funding

COURSE LENGTH: 7 Contact Hours (Full Day)

COURSE LEVEL: Beginner to Advanced

CEUS OFFERED: 0.7

### Teaching Method Breakdown:

ONSITE LECTURE: 60%

HANDS ON: 40%

WEBINAR: 0%